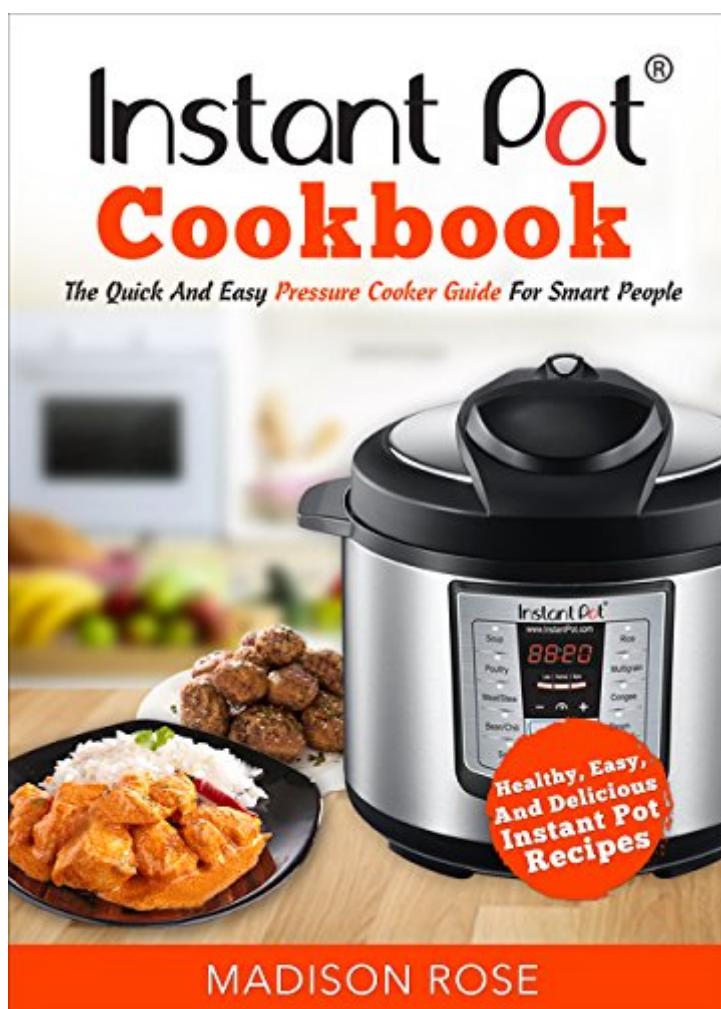


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# Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People — Healthy, Easy, And Delicious Instant Pot Recipes





## Synopsis

Be Smart & Get the Most From Your Pressure Cooker!Read this book on your PC, Mac, smartphone, tablet or Kindle device!Read this book for FREE on Kindle Unlimited - Download Now!It's time to embrace the art of cooking with your Instant Pot Pressure Cooker. Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People & Healthy, Easy, And Delicious Instant Pot Recipes teaches you how to use this revolutionary kitchen tool. You'll also discover a wealth of Delicious, Easy, and Healthy Instant Pot Recipes for every meal of the day!The Instant Pot is faster than other cooking methods because it uses both pressure and heat to cook your food. It can cut your cooking times in half & or more! This insulated pressure cooker uses very little water and energy to cook your food. It can save you up to 70% on energy costs.Not only does the Instant Pot save you money, it also helps you slim down. You'll get more nutrients from your pressure-cooked meals because the Instant Pot steams food quickly and evenly. Your food will even retain more of its beautiful, natural color!Here's a preview of what you'll get from this book:The History of Instant PotInstant Pot Parts and DesignWhat to Look for When Buying an Instant PotThe Differences in Pressure CookingHow to Clean Your Instant PotTasty Breakfast RecipesHearty Lunch RecipesDelightful Dinner RecipesHealthy Instant Pot Snack RecipesRead this book for FREE on Kindle Unlimited - Download Now!Get ready to enjoy amazing pressure-cooked breakfasts like Breakfast Quinoa, Egg Muffins, and Quick Hard-Boiled Eggs. Your lunches can include Cilantro Lime Rice, Collard Greens, and Pot Roast. For dinner, you can look forward to Asian Pepper Steak, Ratatouille Vegetable Stew, and Pressure Cooker Spaghetti!Don't wait & Get your copy of Instant Pot Cookbook: The Quick And Easy Pressure Cooker Guide For Smart People & Healthy, Easy, And Delicious Instant Pot Recipes Today!

## Book Information

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## **Customer Reviews**

I bought a Instant Pot some time ago and just thought I would like this book. As it turns out I REALLY like this book and highly recommend it to anyone wanting to learn more about the Instant Pot and also great recipes.

Recipes are okay... I am a decent cook so the recipes do not appeal to me. t use it more as a reference for the cooking time. The introduction chapter was more detailed and easy to understand than the Instant Pot instructions.

I really like this with complete package will help me a lot. I'm a very busy person that needs instant pot to make and cook foods. With no longer time to use or give me a short period of time to cook. This is the answer for my Prayers, finally I found this Book. Thanks for sharing this to us, this was so very helpful.

Glad I only paid \$.99 for this download. It has some good information but the arrangement of the recipes is strange and there is no index. You have to go to each section, ie breakfast, lunch etc and try to find the recipe you might like to try. Some of the recipes are filed in some really strange places like soup in the breakfast section. I'm sure I will get my money's worth but I wouldn't really recommend it at full price.

I think I mixed up this cookbook with another instant pot cookbook. I haven't found any recipes in this one yet that entices me to try it. I keep looking but finding equivalent dishes in other cookbooks

more interesting. I am determined to keep looking for a dish in here to try.

I liked the idea of using this instant pot cooker for cooking and this book makes me just want to try instant pot and its wonderful and well compiled recipes very soon. This book is a very good guide, providing you with all that you need to know about this kind of cooking method and alongside tips in buying an instant pot cooker and even some techniques in cleaning the cooker after use. I also love the wonderful recipes provided here. This is just wonderful.

I felt like the author was trying to figure out how to put as many words in each section to make a greater number of pages. It could have been written more efficiently. The sections on the pros and cons of stove top pressure cooker versus electric pressure cooker was way too much information. The recipe instructions contained grammatical errors and used colloquial language. The recipes were okay but contained nothing special.

Decent but not great. Worth it if purchased on sale for .99 like I did otherwise just stick to the internet for recipes.

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